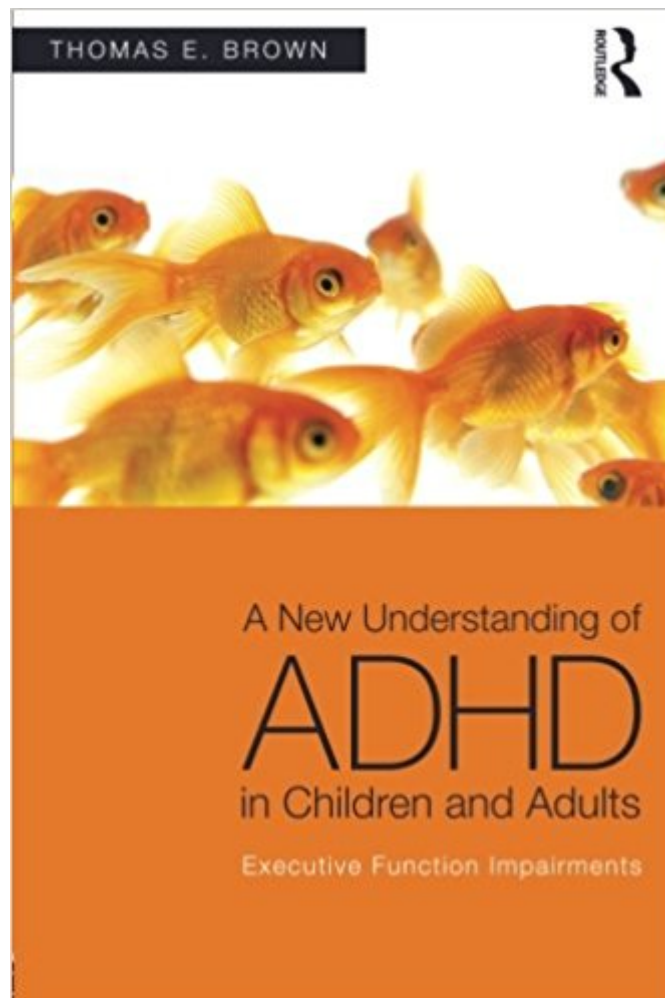




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# A New Understanding Of ADHD In Children And Adults: Executive Function Impairments



## Synopsis

For over 100 years, ADHD has been seen as essentially a behavior disorder. Recent scientific research has developed a new paradigm which recognizes ADHD as a developmental disorder of the cognitive management system of the brain, its executive functions. This cutting-edge book pulls together key ideas of this new understanding of ADHD, explaining them and describing in understandable language scientific research that supports this new model. It addresses questions like: - Why can those with ADHD focus very well on some tasks while having great difficulty in focusing on other tasks they recognize as important? - How does brain development and functioning of persons with ADHD differ from others? - How do impairments of ADHD change from childhood through adolescence and in adulthood? - What treatments help to improve ADHD impairments? How do they work? Are they safe? - Why do those with ADHD have additional emotional, cognitive, and learning disorders more often than most others? - What commonly-held assumptions about ADHD have now been proven wrong by scientific research? Psychiatrists, psychologists, social workers, and other medical and mental health professionals, as well as those affected by ADHD and their families, will find this to be an insightful and invaluable resource.

## Book Information

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## Customer Reviews

“Dr. Brown provides an accessible summary that describes and integrates new facts and perspectives on ADHD. The book is comprehensive, current, and engagingly written. It will be a terrific resource for parents, educators, and clinicians as well as for patients themselves.” - F. Xavier

Castellanos, MD, Professor of Child and Adolescent Psychiatry, Professor of Radiology and Physiology & Neuroscience, NYU Langone Medical Center Child Study Center "Research results are distilled to debunk myths and offer sound guidance on evaluation and effective treatment. This book is a must-read for any education, health, or mental health professional who encounters children or adults with ADHD. Its direct and clear language makes the explanations and conclusions accessible to parents and adult patients, too." - Mina K. Dulcan, MD, Professor of Psychiatry and Behavioral Sciences and Pediatrics & Director, Child and Adolescent Psychiatry, Northwestern University Feinberg School of Medicine "Clinicians, students, and laypeople will find here much valuable information on the disorder, its assessment, diagnosis, and management." - Russell A. Barkley, PhD, Clinical Professor of Psychiatry and Pediatrics, Medical University of South Carolina "Tom Brown is one of the true pioneers in our growing understanding of ADHD. Both a clinician and a researcher, he continues to deepen and enlarge our knowledge of ADHD with this brilliant book." - Edward Hallowell, MD, author of *Delivered from Distraction*, *The Childhood Roots of Adult Happiness*

Thomas E. Brown, PhD, is Associate Director of the Yale Clinic for Attention and Related Disorders and Assistant Clinical Professor of Psychiatry, Yale University School of Medicine. He is a Fellow of the American Psychological Association, developer of the Brown ADD Scales for Children and Adults, and author of the prize-winning book, *Attention Deficit Disorder: The Unfocused Mind in Children and Adults*. Visit the author's website at [www.DrThomasEBrown.com](http://www.DrThomasEBrown.com).

Dr. Brown is a leading researcher in ADD/ADHD. This is a textbook, primarily suited for researchers and medical practitioners. It is thoroughly referenced to the literature. For the public trying to learn about or help a victim of this complicated and difficult to diagnose illness, I think his superb earlier book (2006), with about the same cover design and same overall content, is much more readable. We victims of ADD owe a great debt to Dr. Brown's clear thinking and research. Sadly, the public, teachers, and even medical practitioners do not understand enough about the illness(es), with its huge impact on the victims' lives and the benefit of early treatment.

Excellent and insightful book. I read this and bought a copy for an educator.

Dr. Brown truly gives an in depth yet accessible (and accurate) portrayal of ADD. Most helpful in making sense of ADD, as well as creating realistic and achievable expectations for the patient as

well as the care-giver. A must read for all who live with ADD!

Dr Brown reviews a staggering number of studies in this book, and combines their findings with his observations drawn from years of clinical practice. The result of a book with a lot of depth and insight, He does a great job of explaining the bio/neuro/chemical basis for ADHD, and why it is so persistent and crazy making. I appreciated that the book is based in facts, and not just anecdotal stories. He also has a good discussion of the various medications, and how/why they work. He concludes with a review of other strategies to help those of us who have this disorder to cope with it better. I highly recommend this book to patients and practitioners.

Chose this book because Brown is an authority in ADHD. I rented the book and skimmed the first few chapters because I was already familiar with the topics. Spent most of my time readin about the co-existing conditions associated with ADHD which is a very important aspect of the disorder. Every person is a mix of symptoms and not a cookie cutter classic ADD.

As a consultant and professional I find Tom's latest book excellent. It is written so everyone understands his points. It is also tremendously thorough and encouraging. A masterful piece of work  
Joan K Teach, Ph.D.

Very well written, easy to understand, and helpful!

Very informative

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